

The Employee Assistance Service

The Employee Assistance Service provides a proactive response by An Garda Síochána to support and assist all personnel in managing and resolving work and personal difficulties at an early stage, and in an effort to maintain their health and wellbeing. It is a confidential service available to serving and retired members of An Garda Síochána and their families, Trainee and Probationer Gardaí and retired members of external police services and their families' resident in the State. Each Employee Assistance Officer (EAO) has completed a Diploma in Employee Assistance and Social Support and other Training. They provide a comprehensive impartial support service within their respective Divisions/Sections to all personnel. Their contacts details are as follows.

Name	Contact Number	Area
Della Murray	086 8281683	Superintendent
Clare Malone	086 8282572	Sergeant
Elaine Duffy	087 2384308	DMR (HEO)
Helen Smyth	087 4317408	DMR West / DMR North / Meath
Sandra Brennan	085 8508451	Garda College / Tipperary
Stephen Ryan	087 0501730	Clare, Limerick
Cathal O'Toole	086 8582287	Cavan, Monaghan, Louth
Lorna Garland	086 8576852	Kildare, Laois, Offaly
Marian Brennan	086 8282547	Westmeath, Roscommon, Longford
Mary O'Dwyer	086 8580849	Kilkenny, Carlow, Wicklow
Ciaran McArdle	087 9800573	Cork City, Cork North
Sandra Flood	087 7902740	DMR North Central, South Central, Garda HQ, Traffic
Orla Tobin	085 8796386	Waterford / Wexford
Bernard Davin	085 8562884	DMR East / DMR South / Walter Scott House
Pauline O'Neill	085 8815923	Sligo / Leitrim / Donegal
Seamus Moriarty	085 8061188	Cork West / Kerry
Joan Scott	085 8562882	Galway / Mayo / GISC
Valerie Byrne	085 8525862	DMR