

The Employee Assistance Service

The Employee Assistance Service provides a proactive response by An Garda Síochána to support and assist all personnel in managing and resolving work and personal difficulties at an early stage, and in an effort to maintain their health and wellbeing. It is a confidential service available to **servicing and retired members of An Garda Síochána and their families, Trainee and Probationer Gardaí and retired members of external police services and their families' resident in the State.**

Each Employee Assistance Officer (EAO) has completed a Diploma in Employee Assistance and Social Support and other Training. They provide a comprehensive impartial support service within their respective Divisions/Sections to all personnel. Their contacts details are as follows.

Name	Contact Number	Area
Della Murray	086 8281683	Superintendent
Clare Malone	086 8282572	Sergeant, Harcourt Square, STOC
Elaine Duffy	087 2384308	DMR, Harcourt Square
Danny Cleary	086 8282548	DMR West, DMR North, Meath
Helen Smyth	087 4317408	Garda College, Tipperary
Brian Tuohy	086 8282571	Donegal, Sligo, Leitrim
Mick Quinn	086 8282546	Waterford, Wexford, DMR East
Dave Givens	086 8282570	Cork West, Kerry
Lorraine Walsh	086 8282545	Galway, Mayo
Stephen Ryan	087 0501730	Clare, Limerick
Cathal O'Toole	086 8582287	Cavan, Monaghan, Louth, DMR South
Lorna Garland	086 8576852	Kildare, Laois, Offaly
Marian Brennan	086 8282547	Westmeath, Roscommon, Longford
Mary O'Dwyer	086 8580849	Kilkenny, Carlow, Wicklow
Ciaran McArdle	087 9800573	Cork City, Cork North
Sandra Flood	087 7902740	DMR North Central, South Central, Garda HQ, Traffic